

Greenwood Academies Trust Secondary Menu Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice	Main Meal Choice
GF Breaded Chicken R02093NL Burger in a Bun R00541NL Diced Potatoes R00532NL & Garden Peas R00092NL	(H) Lamb Curry R00542NL Served with Vegetable Rice R02207NL	Pork Meatballs R00125NL served in a Sub Roll R02453NL with Mixed Salad R00328NL	(H) Beef Lasagne R00127NL Garlic Bread R00536NL with Mixed Salad R00328NL	Fish Fillet Square R00650NL Jacket Wedges R00114NL & Baked Beans R00091NL
Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice	Vegetarian Choice
(V) No Chicken Burger R02172NL in a Bun R00541NL Diced Potatoes R00532NL & Garden Peas R00092NL	(V) Vegan Sausage Roll R01506NLV Mashed Potatoes R00100NL & Sweetcorn R00096NL	(V) Quorn Meatballs R01226NL served in a Sub Roll R02453NL & Mixed Salad R00328NL	(V) Vegetarian Lasagne R00051NL Garlic Bread R00536NL & Mixed Salad R00328NL	(V) Vegetable Fingers R00609NL Jacket Wedges R00114NL & Baked Beans R00091NL
Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice	Pasta Choice
(V) Pasta Provençale R00179NL Mixed Salad R00328NL & Crusty Bread R01433NL	(V) Macaroni Cheese R00503NL Mixed Salad R00328NL & Crusty Bread R01433NL	(V) Pasta Bolognese R00135NL Mixed Salad R00328NL & Crusty Bread R01433NL	(V) Tomato Pasta Bake R02282NL Mixed Salad R00328NL & Crusty Bread R01433NL	(V) Pasta Arrabbiata R00134NL Mixed Salad R00328NL & Crusty Bread R01433NL
Potatoes, Sandwiches and Salad Options				
A selection of Jacket Potatoes with a variety of Fillings, Sandwiches, Rolls, Paninis, Baguettes/Pasta Pots & Salad Selection. Please see sandwich/salad labels for Allergen information.				
Jacket Potatoes				
A selection of Jacket Potatoes with a variety of Fillings, please ask for today's choices.				
Dessert Choice Selection of Fresh Fruit, Yoghurt, Cakes, and Cookies				
Syrup Sponge R00426NL & Custard R00140NL	Fruit Cookie R02136NL	Chocolate Ice Cream Roll R00610NL	Fruit Jelly with Mandarin & Cream R02200NL	Apple Cake R01383NL
Allergen Information				
If you have a question about the allergen content of any menu item, please ask a member of staff to show you the recipe (Recipe Reference e.g. R00062NL) or a Chef Recipe Card for that item.				

