

# Supporting Families

Expert Advice for a Brighter Future

Free  
Confidential  
Impartial



## Explore our service for families

We can give you advice on matters such as:

- Benefits advice
- Energy efficiency and bill assistance
- Employment guidance
- Family matters
- Income maximisation
- Housing solutions
- Consumer support
- Specialised debt advice referrals

For families with children under 18 in Nottingham City, Gedling, and Rushcliffe.

We provide free, confidential and impartial advice to help people overcome their problems.

## Book your 1-hour telephone appointment

Scan the QR Code or go to [tinyurl.com/CANDFamilies](https://tinyurl.com/CANDFamilies) to book an appointment.



**citizens  
advice**

**Nottingham  
& District**